



Northeast Ohio Championship Wrestling Camp

Hosted by:
Chris Vondruska

Date: July 7-10th

Location: Lutheran West High School
3850 Linden Road
Rocky River, OH 44116

Daily Sessions:

Session I – (9-11:30am):

Ages: 8-14 (non-high school) – This session is based around basic technique directed toward younger wrestlers.

Session II – (1-3:30pm):

Ages: 15-19 (high school) – This session will still contain basic technique but will move at a quicker pace.

Cost:

Pre-registration -- \$110
At-the-door -- \$135

Costs include 4 days of camp, including one session a day, with some of the best Northeast Ohio athletes ever assembled. Also included in the cost is a Northeast Ohio Championship Wrestling Camp t-shirt. **NEW: includes entry fee into the 3rd Annual Longhorn Round-Robin Tournament on July 11th and 12th.**

Limited to first 150 entries per session

Camp Counselors Include:



Chris Vondruska

- St. Edward graduate
- Two-time Ohio state runner-up
- 2006 CAA Champ
- Two-time NCAA qualifier
- Two-time Academic All-American
- Hofstra University graduate
- Ohio State University graduate

JD Bergman

- Oak Harbor graduate
- Two-time Ohio state champ
- 2004 NCAA All-American (3rd)
- 2007 NCAA All-American (4th)
- Three-time NCAA qualifier
- Ohio State University graduate

Lance Palmer

- St. Edward graduate
- Four-time Ohio state champ
- 2007 NCAA All-American (4th)

Mike Pucillo

- Walsh Jesuit graduate
- Ohio state champ
- Four-time Ohio state placer
- 2007 NCAA All-American (6th)

J Jagers

- St. Peter Chanel graduate
- Four-time Ohio state champ
- 2007 NCAA All-American (7th)
- Two-time NCAA qualifier

Registration Form

Name _____

Address _____

Phone _____

E-mail Address _____

Age _____ Weight _____

T-Shirt Size

Small

Medium

Large

X-Large

Other: _____

Session

I: Ages 8-14 (9-11:30am)

II: Ages 15-19 (1-3:30pm)

Registration Type

Pre-Registration \$110

At-The-Door \$135

Method of Payment

Check

Cash

Cash is appreciated, but make all checks payable to:
Chris Vondruska

Send Check or Cash to:
Chris Vondruska
29318 Osborn Road
Bay Village, OH 44140

In consideration of your acceptance of my entry, I agree to be legally bound for myself, my heirs, executors and administrators, waive and release Lutheran West High School, representatives, committee members from any and all claims of right to damages for injuries suffered by me directly or indirectly traveling to and from or competing in the Northeast Ohio Championship Wrestling Camp.

Contact Chris Vondruska
Phone: 440-865-1608
E-mail: NortheastOhioCWC@hotmail.com

Parental Signature _____

Date _____

Copy of Entry Form provided by www.OhioWrestler.com with permission of Perrysburg Wrestling Organization per Matt Boggs

